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**DIRECTORATE OF INSPECTION & REGISTRATION OF PRIVATE INSTITUTIONS SINDH,  
SCHOOL EDUCATION & LITERACY DEPARTMENT, GOVERNMENT OF SINDH**  
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**No. DIR/I&R/PIS/EDU/GOS( 2133-36. )/2024 Karachi Dated: 31/07/2024**

**TOP PRIORITY**

To,

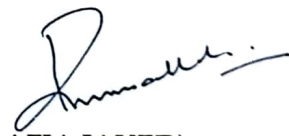
The Director,  
Regional Directorate,  
Inspection & Registration of Private Institutions,  
Karachi/Hyderabad/ Mirprkhas/ Shaheed Benazirabad/ Sukkur/ Larkana

The Principals/ Administrators,  
All Privately Managed Schools,  
Karachi.

**SUBJECT: IMPLEMENTATION OF NOTIFIED POLICY ON DRUG ABUSE IN  
EDUCATIONAL INSTITUTIONS OF SINDH 2024.**

Please find enclosed herewith a copy of letter No. SELD/CA/CW/124/2017, dated: 22<sup>ND</sup> July, 2024 along-with notified policy on drugs abuse in educational institutions of Sindh 2024, received from the School Education and Literacy Department, Government of Sindh.

2. You are, therefore, directed to implement the aforementioned policy in all privately managed schools, in both letter and spirit to eradicate this fatal evil from educational institutions and ensure a safe and healthy environment within them.

  
(RAFIA JAVED)  
ADDITIONAL DIRECTOR  
REGISTRATION

**A Copy is forwarded for information & necessary action to:-**

1. The P.S to Minister for Education & Literacy Department, Govt. of Sindh
2. The P.S. to Secretary, School Education & Literacy Department, Govt. of Sindh, Karachi.
3. Master File.

  
(RAFIA JAVED)  
ADDITIONAL DIRECTOR  
REGISTRATION

**Recommendations for Policy on Drug Abuse in the Educational Institutions.**

- i) All educational institutions of Sindh may initiate substance misuse prevention activities and programs that could address the challenges faced by students specifically the students from marginalized communities.
- ii) The curriculum and textbooks should have chapters and topics on SUD at all grade levels, i.e. K to 12 educations and it should be mandatory.
- iii) The teacher training program should also include fundamental communication skills development and it should be mandatory for all cadres. The trainings should build the capacity of teachers to handle the challenging situations through effective conversations on substance misuse.
- iv) Schools should be encouraged to safeguard their premises and ensure that tobacco shops are not close to their institutions and if it is so, the school administration may contact the concerned authorities so that the school premises are smoke-free areas, all schools must ensure written warning notices and signs on use of tobacco in and around the school premises.
- v) The schools should also initiate communication methods and techniques such as seminars and workshops, plays and dramas, dissemination of informational materials on dangers of Smoking, Shisha, Chalia, Crystal, Opium, Pan and Gutka etc as well as discouraging situations associated with substance misuse culture. The efforts should be made according to the different age groups. Similar efforts should also be made for the school staff (teaching and non-teaching).
- vi) Schools must ensure sustainable follow-ups framework, mechanisms and strategies, specifically for the high risk age groups (the secondary level) to ensure that prevention of substance misuse and to check and balance the effectiveness and gaps on the initiated strategies.
- vii) Schools needs to ensure regular scrutiny and checking of students, teachers and staff lockers that no one is bringing prohibited substances and materials in schools
- viii) All institutions must ensure strict implementation of the campus rules & policies adopted for the prevention of substance misuse and the use of tobacco at all levels within the campus premises.
- ix) Schools must enforce zero tolerance policy on violation of policies, rules & regulations by students, teachers and other school staff.
- x) Schools needs to ensure conduction of counselling sessions for all levels specifically focusing students struggling with substance misuse.
- xi) Educational institutions may also target promoting healthy environment, healthy diet (age appropriate nutrition), health fitness and mindfulness events through activities and programs.
- xii) The educational institutions should also initiate parent-awareness programs on signs of substance misuse, handling challenging situation related to the subject matter as well as harmful effects of Tobacco, Shisha, Chalia, Crystal, Opium Pan and Gutka and educate them on the prevention and handling the challenge.

- xiii) Schools should plan for training seminars and invite guest speakers, such as, Doctors, Educationists, Social Media Activists, Players, Journalists, Poets and TV Stars/ Actors, Celebrities and Singers to conduct interactive sessions/ discussions/ dialogues on awareness and prevention of substance misuse and unhealthy activities.
- xiv) All schools may also organize Walks and celebrate No-Tobacco Day/ No Drugs Day at least once a year in their schools. This should also be mandatory.
- xv) All schools need to ensure organizing healthy competitions such as, Debates, Poetry Competition, Role Plays, Drama's, Poster Competitions on the subject topic to raise awareness about the un-healthy and harmful effects of Tobacco, Shisha, Chulia, Crystal, Opium Pan and Gutka on health.